

# BALI BOWLS

## BASIC BOWL, CATNAP BOWL, BUSHEL BASKET

### Materials

#### FABRIC

Buy good quality cotton; does not have to be washed. Fabric can be cut on the bias or with the grain. Use 2 ½" strips cut the full width of the fabric, generally 42". Make sure you have a few extra strips. Avoid flannel or heavier fabric. Batiks and jellyrolls work beautifully. Please note, if using leftover binding, 2 ¼" widths will still work with the clothesline method ONLY. You will need to pull a little tighter when sewing to the clothesline. For a watercolor or BALI look, use a different shade of batik fabric for each strip or use Hoffman CA Fabrics' Bali Pops™ - which contain 40 individual batik strips.

#### CLOTHESLINE

Cotton clothesline that is 3/16" to 7/32" in diameter. It can have a non-cotton (synthetic) core as long as it is soft and flexible - soft enough to sew. Do not use poly clothesline.

**DOUBLE-SIDED FUSIBLE BATTING** Use a beefy double-sided fusible batting.

Try Bosal's **Duet Fuse II**, now available in one yard packages and pre-cut rolls 2¼" x 20 yards, enough for 16 fabric strips.

#### Clothesline Version

#### Double-sided Fusible Batting Version

#### **Basic Bowl (8 ½" wide x 3" deep)**

Fabric: 11 - 2 ½" x 42" fabric strips (1 yard)  
10 for the bowl, 1 for the binding  
Other: Clothesline: 35 feet

8 - 2 ½" x 42" fabric strips (¾ yard)  
One 3½" x 42" strip for the binding  
Double-sided fusible batting: ½ yard  
Cut 8 strips 2¼" x 45"

#### **Bushel Basket (12" wide x 10" deep)**

Fabric: 29 - 2 ½" x 42" fabric strips (2 yards)  
28 for the bowl, 1 for the binding  
Other: Clothesline: 100 feet

21 - 2 ½" x 42" fabric strips (1¾ yards)  
One 3½" x 42" strip for the binding  
Double-sided fusible batting: 1½ yards  
Cut 21 strips 2¼" x 45"

#### **Catnap Bowl (14" wide x 6" deep)**

Fabric: 21 - 2 ½" x 42" fabric strips (1¾ yards)  
20 for the bowl, 1 for the binding  
Other: Clothesline: 75 feet

16 - 2 ½" x 42" fabric strips (1¼ yards)  
One 3½" x 42" strip for the binding  
Double-sided fusible batting: 1 yard  
Cut 16 strips 2¼" x 45"

#### **Matching cotton thread**

This project uses a lot of thread. Before beginning, pre-fill at least 2 bobbins. A 50-weight 2-ply thread is perfect for this project.

#### **Embellishments**

Seed beads for the Catnap Bowl OR 8 buttons (or more to nest) for the Bushel Basket

**Other Tools:** Sewing Machine with a good zigzag stitch, Machine needles: Microtex 90/14 for straight stitching and Denim 110/18 for zigzag stitching.

An extension table is helpful for flat bowl bottoms.

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