

BALI BOWLS

BASIC BOWL, CATNAP BOWL, BUSHEL BASKET

Materials

FABRIC

Buy good quality cotton; does not have to be washed. Fabric can be cut on the bias or with the grain. Use 2 1/2" strips cut the full width of the fabric, generally 42". Make sure you have a few extra strips. Avoid flannel or heavier fabric. Batiks and jellyrolls work beautifully. Please note, if using leftover binding, 2 1/4" widths will still work with the clothesline method ONLY. You will need to pull a little tighter when sewing to the clothesline. For a watercolor or BALI look, use a different shade of batik fabric for each strip or use Hoffman CA Fabrics' Bali Pops™ - which contain 40 individual batik strips.

CLOTHESLINE

Cotton clothesline that is 3/16" to 7/32" in diameter. It can have a non-cotton (synthetic) core as long as it is soft and flexible - soft enough to sew. Do not use poly clothesline.

DOUBLE-SIDED FUSIBLE BATTING Use a beefy double-sided fusible batting.

Try Bosal's **Duet Fuse II**, now available in one yard packages and pre-cut rolls 2 1/4" x 20 yards, enough for 16 fabric strips.

Clothesline Version

Double-sided Fusible Batting Version

Basic Bowl (8 1/2" wide x 3" deep)

Fabric: 11 - 2 1/2" x 42" fabric strips (1 yard)
10 for the bowl, 1 for the binding
Other: Clothesline: 35 feet

8 - 2 1/2" x 42" fabric strips (3/4 yard)
One 3 1/2" x 42" strip for the binding
Double-sided fusible batting: 1/2 yard
Cut 8 strips 2 1/4" x 45"

Bushel Basket (12" wide x 10" deep)

Fabric: 29 - 2 1/2" x 42" fabric strips (2 yards)
28 for the bowl, 1 for the binding
Other: Clothesline: 100 feet

21 - 2 1/2" x 42" fabric strips (1 3/4 yards)
One 3 1/2" x 42" strip for the binding
Double-sided fusible batting: 1 1/2 yards
Cut 21 strips 2 1/4" x 45"

Catnap Bowl (14" wide x 6" deep)

Fabric: 21 - 2 1/2" x 42" fabric strips (1 3/4 yards)
20 for the bowl, 1 for the binding
Other: Clothesline: 75 feet

16 - 2 1/2" x 42" fabric strips (1 1/4 yards)
One 3 1/2" x 42" strip for the binding
Double-sided fusible batting: 1 yard
Cut 16 strips 2 1/4" x 45"

Matching cotton thread

This project uses a lot of thread. Before beginning, pre-fill at least 2 bobbins. A 50-weight 2-ply thread is perfect for this project.

Embellishments

Seed beads for the Catnap Bowl OR 8 buttons (or more to nest) for the Bushel Basket

Other Tools: Sewing Machine with a good zigzag stitch, Machine needles: Microtex 90/14 for straight stitching and Denim 110/18 for zigzag stitching.

An extension table is helpful for flat bowl bottoms.

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