

BALI BOWLS

BASIC BOWL, CATNAP BOWL, BUSHEL BASKET

Materials

Fabric:

Buy good quality cotton; does not have to be washed. Fabric can be cut on the bias or with the grain. Use 2 ½" strips cut the full width of the fabric, generally 42". Make sure you have a few extra strips. Avoid flannel or heavier fabric. Batiks and jellyrolls work beautifully. Please note, if using leftover binding, 2 ¼" widths will still work with the clothesline method ONLY. You will need to pull a little tighter when sewing to the clothesline. For a watercolor or BALI look, use a different shade of batik fabric for each strip or use Hoffman CA Fabrics' Bali Pops™ - which contain 40 individual batik strips.

Clothesline

Cotton clothesline that is 3/16" to 7/32" in diameter. It can have a non-cotton (synthetic) core as long as it is soft and flexible - soft enough to sew. Do not use poly clothesline.

DUO-FUSE Duo Fuse is a beefy double-sided fusible batting available in 1 yard packages

Clothesline Version

DUO FUSE Version

Basic Bowl (8 ½" wide x 3" deep)

Fabric: 11 - 2 ½" x 42" fabric strips (1 yard)
10 for the bowl, 1 for the binding

Other: Clothesline: 35 feet

8 - 2 ½" x 42" fabric strips (¾ yard)
One 3½" x 42" strip for the binding
DUO-FUSE: ½ yard
Cut 8 strips 2¼" x 45"

Bushel Basket (12" wide x 10" deep)

Fabric: 29 - 2 ½" x 42" fabric strips (2 yards)
28 for the bowl, 1 for the binding

Other: Clothesline: 100 feet

21 - 2 ½" x 42" fabric strips (1¾ yards)
One 3½" x 42" strip for the binding
DUO-FUSE: 1½ yards
Cut 21 strips 2¼" x 45"

Catnap Bowl (14" wide x 6" deep)

Fabric: 21 - 2 ½" x 42" fabric strips (1¾ yards)
20 for the bowl, 1 for the binding

Other: Clothesline: 75 feet

16 - 2 ½" x 42" fabric strips (1¼ yards)
One 3½" x 42" strip for the binding
DUO-FUSE: 1 yard
Cut 16 strips 2¼" x 45"

Matching cotton thread

This project uses a lot of thread. Before beginning, pre-fill at least 2 bobbins. A 50-weight 2-ply thread is perfect for this project.

Embellishments

Seed beads for the Catnap Bowl OR 8 buttons (or more to nest) for the Bushel Basket

Other Tools: Sewing Machine with a good zigzag stitch, Machine needles: Microtex 90/14 for straight stitching and Denim 110/18 for zigzag stitching.
An extension table is helpful for flat bowl bottoms.

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